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In partnership with the
Victorian Stroke Network

Sexuality after stroke – Staff survey (SOX Survey)

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The survey is being conducted as part of a 'Sexuality after Stroke' project that aims to increase the knowledge and confidence of staff in providing information to clients on sexuality after stroke. The project is being facilitated by the Australian Research Centre in Sex, Health and Society (ARCSSH) at La Trobe University, the Victoria Stroke Network and your organisation. Eight health service organisations in Victoria are participating in the project. Your organisation has a project coordinator/s responsible for coordinating the project.

Survey Participant Information Sheet

About the survey

This survey has 15 questions about your knowledge, confidence and level of comfort providing clients with information on changes to sexuality after stroke. By sexuality we mean: sex, gender identities and roles, sexual orientation, eroticism, pleasure and intimacy. This study has been approved by the Faculty of Health Science's Human Ethics Committee at La Trobe University (number FHEC11/27)

Confidentiality

This survey is anonymous, which means that any identifying information will not be matched with survey responses. Information such as email/IP addresses will not be kept or linked to your survey answers. A report on the survey results for your organisation will be provided to the project coordinator/s in your organisation. The data (without any identifying details) will be kept by La Trobe University. The survey results for your organisation will not be used in a way that can identify you.

How will my survey information be used?

The results of this survey will inform the implementation of the Sexuality After Stroke project in your organisation. The project coordinator/s in your organisation will utilise the survey results to develop a staff education program to build staff knowledge, skills and confidence relating to sexuality after stroke. The survey will be repeated in a year to identify whether any changes have occurred.

The results of the survey will be published in a report written by the project coordinator in your organisation and published by the ARCSSH and the Victorian Stroke Network. The purpose of the report is to assist other stroke services to learn from the project.

Your consent

Your decision whether or not to participate will not prejudice your future relations with ARCSHS, the Victorian Stroke Network or your organisation. If you decide to participate, you are free to withdraw your consent and to discontinue participation at any time during the survey.

Feedback & Inquiries

If you have any feedback or queries about this survey you can email Dr Catherine Barrett at c.barrett@latrobe.edu.au or (03) 9285 5297.

Any complaints or queries that have not been answered to your satisfaction, you may contact the Secretary, Faculty Human Ethics Committee, Faculty of Health Sciences, La Trobe University, Victoria, 3086, phone (03) 9479 3583 and email health@latrobe.edu.au.

How do I fill in the survey?

- The survey will take between 15 minutes and 30 minutes to complete.
- Your answers will be saved as you move to the next page in the survey. If you would like to change your response please click "Back" to move to the previous page.
- To answer each question either click a button or write a comment in the text box provided.
- Remember if there are any questions you do not wish to answer, just skip them.
- To submit your answers, click on "Done" on the final page.

Consent

You are making a decision whether or not to participate. By clicking "Agree" you are indicating that, having read the information provided, you have decided to participate in the survey and you have understood the purpose and risks of the survey.

I understand that the information obtained from this survey will be used to inform the development of education for the Sexuality After Stroke project. No personal identifying information will be used. This survey is confidential. I acknowledge that I have the right to question any part of the procedure and can withdraw at any time without this being held against me.

Agree

Disagree

Survey questions

1) **Which of the following organisations do you work at?** (please tick one of the following)

- Western Health
- Angliss Hospital
- Caulfield Hospital
- Austin Health
- Ballarat Health Services
- Southern Health
- Peninsula Health
- Melbourne Health

2) **What is your gender?** (please tick one of the following)

- Male
- Female
- Other

3) **What is your age group?** (please tick one of the following)

- 18 -19 years
- 20 - 29 years
- 30 - 39 years
- 40 - 49 years
- 50 - 59 years
- 60 years or older

4) **What is your occupation?** (please tick one of the following)

- doctor
- social worker
- physiotherapist
- psychologist
- nurse
- speech pathologist
- occupational therapist
- dietitian
- other (please list)

5) **Which of the following best describes your service?**

- Acute service
- Sub acute service
- Community
- other (please list)

Questions

6) **After a stroke, changes to sexuality may be an issue for young clients (those under 65 years of age)** (Please tick one of the following)

- Strongly agree
- Agree
- Neither agree nor disagree
- Disagree
- Strongly disagree

7) **2) How would you rate the impact of the following physical factors on sexuality after stroke?** (Please tick a response for each of the following physical factors)

Fatigue (Please tick one of the following)

- 5 (strong impact)
- 4
- 3
- 2
- 1 (No impact at all)

Loss of movement (Please tick one of the following)

- 5 (strong impact)
- 4
- 3
- 2
- 1 (No impact at all)

Loss of sensation (Please tick one of the following)

- 5 (strong impact)
- 4
- 3
- 2
- 1 (No impact at all)

Pain (Please tick one of the following)

- 5 (strong impact)
- 4
- 3
- 2
- 1 (No impact at all)

Vaginal dryness (Please tick one of the following)

- 5 (strong impact)
- 4
- 3
- 2
- 1 (No impact at all)

Erectile dysfunction (Please tick one of the following)

- 5 (strong impact)
- 4
- 3
- 2
- 1 (No impact at all)

Medications eg: antidepressants, antihypertensives etc (Please tick one of the following)

- 5 (strong impact)
- 4
- 3
- 2
- 1 (No impact at all)

8) **How would you rate the impact of the following psychosocial factors on sexuality after stroke?** (Please tick a response for each of the following psychosocial factors)

Changes to body image (Please tick one of the following)

- 5 (strong impact)
- 4
- 3
- 2
- 1 (No impact at all)

Reduced self-esteem and confidence (Please tick one of the following)

- 5 (strong impact)
- 4
- 3
- 2
- 1 (No impact at all)

Changes in roles in family/intimate relationships (Please tick one of the following)

- 5 (strong impact)
- 4
- 3
- 2
- 1 (No impact at all)

Anxiety (Please tick one of the following)

- 5 (strong impact)
- 4
- 3
- 2
- 1 (No impact at all)

Depression (Please tick one of the following)

- 5 (strong impact)
- 4
- 3
- 2
- 1 (No impact at all)

Changes in cognition (Please tick one of the following)

- 5 (strong impact)
- 4
- 3
- 2
- 1 (No impact at all)

Dependency on partner for care (Please tick one of the following)

- 5 (strong impact)
- 4
- 3
- 2
- 1 (No impact at all)

9) **After a stroke, changes to sexuality may be an issue for older clients (those aged 65years or older)?** (please tick one of the following)

- Strongly agree
- Agree
- Neither agree nor disagree
- Disagree
- Strongly disagree

10) **In my workplace, providing clients with information about changes to sexuality after stroke is important** (please tick one of the following)

- Strongly agree
- Agree
- Neither agree nor disagree
- Disagree
- Strongly disagree

11) **In my workplace, providing clients with information about changes to sexuality after stroke is my responsibility** (please tick one of the following)

- Strongly agree
- Agree
- Neither agree nor disagree
- Disagree
- Strongly disagree

12) **In my workplace, providing clients with information about changes to sexuality after stroke is the responsibility of the following staff** (tick as many as you think apply)

- doctor
- social worker
- physiotherapist
- psychologist
- nurses
- speech pathologist
- occupational therapist
- dietitian
- other (please list)

13) How would you rate your confidence in providing clients with information on changes to sexuality after stroke? (please tick one of the following)

- 10 (High level of confidence providing information)
- 9
- 8
- 7
- 6
- 5
- 4
- 3
- 2
- 1 (No confidence providing information)

14) How would you rate your level of comfort in providing clients with information on changes to sexuality after stroke?

- 10 (High level of comfort helping clients deal with sexuality)
- 9
- 8
- 7
- 6
- 5
- 4
- 3
- 2
- 1 (Very uncomfortable helping clients deal with sexuality)

15) Would you like to make any comments?